

# 2009' Chun Ma Tae Kwon Do Summer Camp

Looking for safe, fun activities directed by someone you know and trust for your child this summer? Consider **the Chun Ma TKD & Judo Summer Camp!** During the week long camp, children will participate **in daily** fun-filled, educational field trips. They will begin the day with an hour long TKD class, supplemented by TKD & Judo games developed to teach leadership, balance, speed, and timing skills. In addition, they will have daily discussion topic about Tae Kwon Do Principles. This will be also an **excellent opportunity to learn more about self-discipline, and the Tenets of Tae Kwon Do such as Courtesy, Humility, self-control, Integrity, Perseverance, and Indomitable Spirit.**

## Field Trip or Crafts will round out the week of fun!

With adequate enrollment, two sessions will be provided.

( ) **Session I: June 22 (M) – 26 (F),**                      **Time: 9:30am – 3:30pm**

( ) **Session II: August 3 (M) – 7 (F),**                      **Time: 9:30am – 3:30pm**

**Fees: \$100 for one session, \$80 for 2<sup>nd</sup> and more each family member  
\$180 for two sessions, \$150 for 2<sup>nd</sup> and more each family member  
\*\*\*Field trip and activity schedule will be noticed before camp depending on  
number of camper.**

## Daily Activity like:

- 9:00 – 9:30am : Arriving
- 9:30 – 10:30am: Tae Kwon Do Training (Basic skills, Form, Breaking Skills)
- 10:30 – 11:00am: TKD games
- 11:00 – 11:30am: Judo Training Skills(Beginner and Intermediate Skills)
- 11:30 – 12:00pm: Lunch
- 12:00 – 2:30pm: Self-Defense (Grappling Self-defense) and Sparring Skills,
  - Field Trip (Schedule and fees will be noticed before camp)
- 2:30 – 2:45pm: Snack time
- 2:45 – 3:30pm: Lecture and Discussion time – The Tenets of Tae Kwon Do.
- 3:30 Pick-up time or Drop-off

\*\* Daily schedule can be changed without notice.

**Please, return registration form by June 12, 2009 to reserve your space.  
“No Game Boy”**

# Tae Kwon Do and Judo Summer Camp

## Chun Ma Martial Art Academy

### REGISTRATION FORM

Name(s): 1. \_\_\_\_\_  
2. \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: ( \_\_\_\_\_ ) \_\_\_\_\_

Emergency Contact: ( \_\_\_\_\_ ) \_\_\_\_\_

(Check one or both)

**Session 1: June 22(M) – June 26(F)**

**Session 2: August 3(M) – August 7(F)**

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**\*\*\*Field trip and activity schedule will be noticed before camp depending on number of camper.**

(Make check payable to *Master Gyeong Jeon*)

My child has the following health issues to consider: \_\_\_\_\_

\_\_\_\_\_

### Personal Injury Waiver Form

As a parent or legal guardian of children participating in the T.K.D. Summer Camp, I agree to hold the Chun Ma T.K.D. and Master/Instructors harmless for any and all loss or injury sustained by my children in connection with the Camp.

\_\_\_\_\_

Children's Name

\_\_\_\_\_

\_\_\_\_\_  
Signature of Parent or Legal Guardian

Date \_\_\_\_\_