

Orange Belt/ 6th Kub

Requirements for Testing to Green Belt/5th Kub:

0. Step Skills: (with Partner)

- 3 Steps forward and Ba-Da-Li-Hu-li-Ki
- 3 Steps backward and Up-e-chi-Ki
- 3 Steps side and Bal-Mok-Ba-Chi-Ki

0. Falling Skills:

- Front Breakfall – On feet
- Side Breakfall – 2 feet high
- Back Breakfall – 2 feet high
- Front rolling skills – 3 steps forward and rolling, landing on Side breakfall

0. Techniques (Mae Chi Ki):

- Hand Techniques: Bic-dan-g-ye-chi-Ki – pull and throwing over the side
- Foot Techniques: Bal-Mok-Ba-Chi-Ki – Support Ankle, then pulling skill
- Press Techniques: We-Nu-Ru-Ki – Press over face skill

0. Sparring : Show 2 Mae Chi Ki skills and 1 press skills

Chun Ma Martial Art Academy

Application for promotion to JUDO Green Belt (5th Kub)

Name: _____ Age: _____ Birth Date: _____

Address: _____ City: _____ Zip: _____

Phone: _____ Last Promotion: ____ / ____ / ____ Test Fee: \$40 Paid: _____

If at any time I violate any of the following three (3) rules and regulations governing Chun Ma Martial Art Academy, Inc., I hereby agree that the Chun Ma Martial Art Academy Reserves the right to suspend my rank or status:

1. The purpose of the martial arts is to improve both mental and physical health and all members must uphold and protect the honor and prestige of the Martial Arts.
2. Members are forbidden to use Martial Art Techniques to provoke and challenge innocent persons, and such use will make offending members subject to disciplinary action.
3. That the Chun Ma Martial Art Academy is the sole and only judge of my qualifications and achievement in the Martial Arts.

I will accept any grade or belt rendered by the school and federation with complete satisfaction, neither demanding nor protesting for a higher grade or belt.

Date: ____ / ____ / ____ Applicant's Signature: _____

Parent's or Guardian's Signature: _____

(If applicant is under 18 years old)

CATEGORY	Grade	Comments
4 ways Step Movement		
Back Breakfall		
Side Breakfall		
Front Breakfall		
Rolling Method		
Roll Forward		
Grappling		
Terminology		
Flexibility		