

# Blue Belt/ 4<sup>th</sup> Kub

## Requirements for Testing to Purple Belt/3<sup>rd</sup> Kub:

### 0. Step Skills: (with Partner)

- 3 Steps forward and Ann-dwe-chuk-hu-li-ki
- 3 Steps backward and Her-li-hu-li-ki
- 3 Steps side and Bal-Mok-Ba-Chi-Ki

### 0. Falling Skills:

- Front Breakfall – Stand
- Side Breakfall – Stand
- Back Breakfall – Stand
- Front rolling skills – Run and rolling, landing on Side breakfall

### 0. Techniques (Mae Chi Ki):

- Hand Techniques: Bic-dan-gye-chi-Ki – pull and throwing over the side
- Waist Techniques: Her-li-hu-li-ki – Waist twist
- Foot Techniques: Ann-dwe-chuk-hu-li-ki – Inside heel swipe
- Press Techniques: Ga-lo-Nu-Ru-Ki – Press cross the body

### 0. Sparring : Show 4 Mae-Chi-Ki skills and 2 press skills

# Chun Ma Martial Art Academy

Application for promotion to JUDO Purple Belt (3<sup>rd</sup> Kub)

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Last Promotion: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Test Fee: \$50 Paid: \_\_\_\_\_

If at any time I violate any of the following three (3) rules and regulations governing Chun Ma Martial Art Academy, Inc., I hereby agree that the Chun Ma Martial Art Academy Reserves the right to suspend my rank or status:

1. The purpose of the martial arts is to improve both mental and physical health and all members must uphold and protect the honor and prestige of the Martial Arts.
2. Members are forbidden to use Martial Art Techniques to provoke and challenge innocent persons, and such use will make offending members subject to disciplinary action.
3. That the Chun Ma Martial Art Academy is the sole and only judge of my qualifications and achievement in the Martial Arts.

I will accept any grade or belt rendered by the school and federation with complete satisfaction, neither demanding nor protesting for a higher grade or belt.

Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Applicant's Signature: \_\_\_\_\_

Parent's or Guardian's Signature: \_\_\_\_\_

(If applicant is under 18 years old)

CATEGORY	Grade	Comments
4 ways Step Movement		
Back Breakfall		
Side Breakfall		
Front Breakfall		
Rolling Method		
Roll Forward		
Grappling		
Terminology		
Flexibility		