

# Chun ma Tae Kwon Do Academy - Fairlawn Location (Big Gym)

web-site: [www.chunmataekwondo.com](http://www.chunmataekwondo.com)

**Effective Date: Monday, January 2, 2008**

**Phone: 330-867-3366**

1. Please come to class 5 -10 minutes earlier - **MUST COME TO YOUR OWN CLASS TIME** (except family member)
  2. TKD members are **not allowed to take double class** a day (except C-K-B members)
  3. Class schedule **can be changed (drop/add classes)** without notice depends on class size.
- Private lessons** are available before beginning class only **by appointment with Master Jeon**

| Monday                                                                | Tuesday                                                               | Wednesday                                                             | Thursday                                                              | Friday                                                                       | Saturday                                                                                       |
|-----------------------------------------------------------------------|-----------------------------------------------------------------------|-----------------------------------------------------------------------|-----------------------------------------------------------------------|------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|
|                                                                       | <b>4:10 - 4:40pm</b><br><i>Little</i><br><i>Tae Kwon Do</i>           |                                                                       | <b>4:10 - 4:40pm</b><br><i>Little</i><br><i>Tae Kwon Do</i>           |                                                                              | <b>8:40 - 9:30am</b><br><i>Yoga</i>                                                            |
| <b>4:40 - 5:25pm</b><br>Beginner Kids<br>& Family                     | <b>4:40 - 5:25pm</b><br><i>Intermediate</i><br>& <i>Advanced Kids</i> | <b>4:40 - 5:25pm</b><br>Beginner Kids<br>& Family                     | <b>4:40 - 5:25pm</b><br><i>Intermediate</i><br>& <i>Advanced Kids</i> | <b>4:40 - 5:30pm</b><br><i>Jr. Black Belt Club</i>                           | <b>9:30 - 10:20am</b><br><i>Kick Boxing</i>                                                    |
| <b>5:30 - 6:15pm</b><br><i>Intermediate</i><br>& <i>Advanced Kids</i> | <b>5:30 - 6:15pm</b><br>Beginner Kids<br>& Family                     | <b>5:30 - 6:15pm</b><br><i>Intermediate</i><br>& <i>Advanced Kids</i> | <b>5:30 - 6:15pm</b><br>Beginner Kids<br>& Family                     | <b>5:30 - 6:20pm</b><br><i>Black Belt Club</i>                               | <b>10:30 - 11:15</b><br>Beginner Kids<br>& Family                                              |
| <b>6:20 - 7:10pm</b><br>Teen & Adult<br>All Rank                      | <b>6:05 - 7:10pm</b><br><i>Black Belt</i><br><i>Club</i>              | <b>6:20 - 7:05pm</b><br>Teen all Ranks<br>(Age 10 - 25)               | <b>6:20 - 7:10pm</b><br>Teen & Adult<br>All Rank                      | <b>* 6:20pm - 6:50pm</b><br><i>Weapon class</i><br><i>(BB club &amp; Up)</i> | <b>11:15 - 11:50</b><br><i>Intermediate</i><br>& <i>advanced All Ages</i>                      |
| <b>7:00 - 8:00pm</b><br><i>Jr. Black Belt Club</i>                    | <b>* 7:10pm - 7:40pm</b><br><i>Weapon class - Gym 2</i>               | <b>7:10 - 8:00pm</b><br>Adult & Family                                | <b>7:10 - 8:10 pm</b><br><i>Yoga</i>                                  | <b>6:50 - 7:05pm</b><br><i>2nd Degree BB</i><br>& <i>up (Form Class)</i>     | <b>12:00 - 12:40</b><br><i>DEMO TEAM</i>                                                       |
|                                                                       | <b>7:10 - 8:00pm</b><br>Teen & Adult (All Rank)                       |                                                                       |                                                                       |                                                                              | <b>** 12:40 - 1:20pm</b><br><i>Special class (Sparring)</i><br><i>(Jr. &amp; BB club only)</i> |
| <b>8:05 - 9:00</b><br><i>Kick Boxing</i>                              | <b>8:05 - 9:00 pm</b><br><i>Yoga</i>                                  | <b>8:05 - 9:00</b><br><i>Kick Boxing</i>                              |                                                                       | <b>7:05 - 7:40pm</b><br><i>Masaters club</i>                                 |                                                                                                |

\* **Weapon class - Bo (Long stick class)** - These Class are only for B/B club and Masters club members who signed up

\*\* **Special class (Sparring)** - this class is for only Jr. BB Club, BB Club and Master Club members

**0. Little Tae Kwon Do** is for ages 3 and 4.

**0. Beginner Kids are White (10th Gub), Yellow (9th Gub), Orange Belt (8th Gub)**

**0. Intermediate Kids** are Green (7th Gub), Blue (6th Gub), N/Blue (5th Gub), and Purple (4th Gub).

**0. Advanced Kids** are Brown Belt(3rd Gub) and Higher Ranks

**0. Monday & Tuesday**, we have **nunchak** weapon lesson for 5 - 10 minutes at the end of each class.